

The following is an excerpt from
***Entrepreneur*® Magazine**

To be emotionally fit as a new small business owner, you should be able to answer 'yes' to these ten statements:



1. I can bounce back from failure and disappointment.
2. I am a self-starter who can work alone.
3. I am comfortable with uncertainty and risk.
4. I complete every project I choose to take on.
5. I come through for people without failing them.
6. I am able to hold my ground without caving in to pressure.
7. I can confront and resolve problems.
8. I can make final decisions amid uncertainty and conflicting advice.
9. My family understands my decision to start a business. They also realize that they will be a part of the business.
10. I can remain confident when others don't understand me or my vision for the business.

You can find *Entrepreneur*® magazine at most major news stands and by searching them on-line.